

## Ten Exercises to Help Figure Things Out

(try doing one a week)

### #1-5 – for anyone

1. Imagine Jesus looks you in the eye, calls you by your first name, and says, “What is it you really want your life to be about? Spend some time thinking about that question.
2. Don’t be afraid to tell Jesus all you hope for in life. Listen for his response deep in your heart; it will be the thought that brings you the most peace (those quiet moments, just after Holy Communion, can be a great time for this conversation with God).
3. Think about the things you do each week. What brings you the most happiness?
4. Think of the people that you admire most in your life. What qualities about them do you like the best? Do you have some of those same qualities? Are they qualities that would also make a good priest?
5. What is the biggest decision you’ve made about your life, so far? How did you come to that decision? Was it a good one?

### #6-10 – for a young man

6. Imagine your bishop called you up and *personally* invited *you* to join him in the priesthood because he needed you. How did it make you feel?
7. Priests days are filled with all kinds of wonderful things: saying Mass, visiting the sick, counseling people, teaching young people about God, celebrating the sacraments (Eucharist, Baptism, Confessions, etc.), and preaching the Sunday Gospel. Think about it. Do any of these things appeal to you?
8. Imagine yourself 5 or 10 years from now as a priest in your own parish. This Sunday is your turn to preach. What will you say?
9. Think of a priest you know. From what you’ve seen, what’s the coolest thing about his life?
10. Make a list of things about you that *might* make a good priest. Then, make a list of the things about you that you feel *might not* fit in the priesthood. Talk to God about both of your lists...then listen.